

Equine Physiotherapy Practitioner Course



At a glance...

Modular customised provision

Duration Notes:	18 to 24 months
Delivery Method:	Classroom and practical demonstration and assessment
Recognised by:	Lantra Awards
Prerequisites:	Students must be 18 years or over at the start of the course.

Students under 21 years should have achieved 4 GCSE's at grades A – C, or equivalent for their country of residence where they went to school.

Students do not need to have experience of massage, as this will be taught during the course, but any massage or manipulation experience will be a helpful head start.

Students must be able to demonstrate an understanding of practical experience in handling and caring for horses, gained through one of the following –

- At least 2 years' experience of working in a professional equine industry – such as yard groom, training, rehabilitation or veterinary nursing.





- Any equine related qualifications or details of short courses the student has attended may also be relevant.

If a student has a range of qualifications and equine experience but they are not sure they have enough relevant experience, they should contact the course tutor (Stef Watts) directly. Each student will be considered individually.

Introduction

During this course, students will learn a detailed range of hands-on therapy and rehabilitation techniques as part of the therapy process, together with relevant and detailed anatomy and physiology skills.

Overview in brief

The Equine Physiotherapy Practitioner Course is tutored using a range of home study work, practical days, placement hours and final theory and practical assessments.

This course aims to give students the knowledge, confidence and clinical reasoning skills to become a safe, competent and professional equine physiotherapist, with an in-depth knowledge of both therapy and rehabilitation techniques, together with the use of additional physiotherapeutic tools to compliment equine recovery and maintenance.

This is a flexible course, where students can enrol and begin the course when they like, choosing practical days from the your4legs website to fit around a busy lifestyle. The normal course duration is 18 months to 2 years.

The finer details

The Equine Physiotherapy Practitioner Course is delivered over 850 learning hours through a mixture of 22 practical days, home study work and final therapy practical and theory assessments.

Practical days are run as small groups – from X1 up to a maximum of X6 - and are booked by students from dates on the Your4legs website. Students will learn a detailed range of techniques, therapy routines, and rehabilitation exercises during the practical days. The hands-on therapy techniques include Your4legs own range of Light Touch Techniques (LTR) related to trigger point and fascia release.





The practical days include:

- 12 therapy days for learning and practising the hands on techniques and the therapy process
- 5 rehabilitation days to learn and practise the use of different physiotherapeutic equipment and to practise building relevant rehabilitation plans and using common training aids
- 5 compulsory lecture days to support the home study blocks and ensure an understanding of other aspects of the horse care team including saddle fitting, dentistry and hoof balance.

The home study work includes:

- Case studies – 6 horses each treated 3 times
- A 6,500 words project on a subject relevant to equine therapy and rehabilitation
- 5 work blocks of short answer questions, encompassing the therapy process, illnesses, injuries and conditions, physiotherapy and the rehabilitation process, 13 equine anatomy and physiology systems and setting up a business.
- 60 placement hours at a venue chosen by the student, which is related to equine therapy

The final assessments include:

- A massage practical exam where students will demonstrate the full therapy process encompassing taking case history notes, gait and static assessment, hands-on therapy and relevant aftercare advise.
- A rehabilitation assessment, where the student will need to build a rehabilitation plan related to a virtual equine scenario.
- A 2.30 hours theory exam encompassing both short answer and short essay questions

The practical exams are assessed externally to ensure a continued high quality is maintained.

Who should attend?

Those who are looking to develop their passion into a rewarding equine physiotherapy career.

Existing therapists who wish to enhance their knowledge with an additional therapy certification.

Please also see Course Prerequisites

What will be covered?

This course aims to give students the knowledge and confidence, through a mixture of practical days, home study and final assessments, to become competent and professional equine physiotherapists.

