



# SOILstart

## At a glance...

### Assessed Customised Provision

Delivery Method:	Theory and Practical
Recognised by:	Lantra Awards
Recertification Period:	3 years
Prerequisites:	An interest in growing food in an organic way.

## Introduction

This course is an introduction to creating healthy and regenerative soils for food growing systems - for example, market gardens.

## The finer details

The course sessions include:

- Soil
- Nutrients & Fungi
- Soil Life
- Polycultures
- Pests
- Mulches
- Agroforestry Principles
- Perennials
- Composting
- Fertility Planting

## Who should attend?

Growers, Gardeners, Farmers, Allotmenters, Researchers, Teachers, Mental Health Practitioners.

## What will be covered?

By the end of the course, you will be able to:

1. Describe the constituent parts of soil





2. List the main nutrients soil needs & how these can be provided without chemicals
3. Design a pest management system
4. Describe one compost system in detail
5. Describe polycultures and list the benefits of
6. List 3 ways to build soil quality & quantity as part of a regenerative system

