



# Introduction to Bridle and Bit Fitting

## At a glance...

### Assessed Customised Provision

Duration Notes:	Distance learning with assignment
Delivery Method:	Online
Recognised by:	Lantra Awards
Prerequisites:	

## Introduction

This course is designed to give an entry level learner the foundation understanding of how to recognise an ill-fitting bit and bridle and how to correctly fit them on the horse. This course discusses the impact of an incorrectly bit / bridle and the importance to the horse's welfare and correct way of going.

## Overview in brief

***This Lantra-accredited Customised Award is exclusively developed and delivered by a Lantra-approved Training Provider, who meets our quality standards. The course is specifically tailored to meet learners' needs. For further details about the course content and delivery locations, please contact the Training Provider using the details provided below.***

The minimum age to undertake this course is 16.

## The finer details

Intake Part One:

Theory Sessions are presented via Distance learning found on the learning platform. This consists of Self-study, research, and independent assignments. This will check individual learning and retention of understanding.

\*Full support is provided to the learner as required by the allocated course tutor / Industry expert on registration. Assignments will be marked, and feedback given to support learners to complete.





Content:

The history of the Bridle and Bits

Learning about the horse's head- Includes the anatomy, facial nerves and Teeth

Bridle Materials

How to clean and look after leather

How to fit a range of nosebands correctly

Bits and care

The Hyoid

Recognising an ill- fitting bridle

Unit Assignment to complete the Introduction to bridle and bit fitting course

Following Progression Course Master Bridle - Bit Fitting Course

The learners will read and study through the units in their own time at home. They have a personal tutor to help them as required. When they have completed the units they complete end the of unit assignment that will be marked to ensure the learner has retained and understood the unit. This is completed with the content from the unit book and further study. Additional links are provided to help the learner extend their research.

### Who should attend?

Horse owners wanting to learn more about fitting a bridle or bit to their horse and anyone thinking of going into fitting bridles and bits as an introduction and entrance onto our Master bridle fitting course. This is a fully packed course with lots of helpful information to give you an awareness of bridles and bits without overloading you.

### What will be covered?

By the end of this course you should:

- Be able to recognise a well-fitting bridle and an ill-fitting bridle
- Have an understanding of the importance of the horses Anatomy and teeth
- Be able to list the range of nosebands and there uses
- List the importance of the Hyoid and the importance of it being free



Other areas of interest

[Advanced Bit Fitting Course](#)

[Advanced Bit and Bridle Fitting Course](#)



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