

# First Aid at Work +F

## At a glance...

### Training (with Assessment) Competence

Duration Notes:	3 days
Delivery Method:	Theory and Practical

## Introduction

Stay safe in the forest with our dedicated first aid course.

## Overview in brief

If you work as a team in a forest setting, you'll know there are special dangers to look out for. In the event of an emergency you will need the necessary skills and training to keep you and your colleagues safe.

## The finer details

This is a three day training and assessment course. You'll practise and learn the skills you need to be able to give first aid before the professionals take over.

This course will build on your knowledge and understanding from the Emergency First Aid at Work and/or First Aid at Work courses and concentrate on the skills you need in the Forestry industry.

Our course has been developed to comply with the Forestry Commission +F as per the First Aid at Work – Forestry Commission Policy and in consultation with Forestry Industry Safety Accord (FISA).

There will be assessment and a certificate of training, plus you will be given a workbook to keep handy as a useful reference guide.

Worth noting: First aid at work certificates are valid for three years and a two-day



qualification course must be carried out within one month of expiry. Don't leave it any longer or you'll have to take a full first aid at work course.



## Who should attend?

This course is for you if you work in the forestry industry and need to ensure that you have the relevant training to carry out first aid.

## What will be covered?

By the end of the course, you'll be able to:

- Recognise the common risks to forestry workers and administer First Aid accordingly
- Contribute to and respond according to emergency response plans.

## Other areas of interest

### Training

- AID32 Emergency First Aid at Work
- AID33 First Aid at Work
- AID34 First Aid at Work Requalification
- AID17 +F First Aid
- AID35 Emergency First Aid at Work +F
- AID36 First Aid at Work +F
- AID37 First Aid at Work +F Requalification

### Training Republic of Ireland

- AID31 +F First Aid (Republic of Ireland only)
- AID40 Emergency First Aid at Work +F (Republic of Ireland only)

### Qualifications

- 610/1205/1 Level 3 Award in Emergency First Aid at Work
- 610/1208/7 Level 3 Award in First Aid at Work

