



# Climate Action 101

## At a glance...

### Assessed Customised Provision

Delivery Method: Online  
Recognised by: Lantra Awards

## Introduction

Upskill your employees in Climate Action and make a difference to the environment, your bottom line, and employee satisfaction with our new, fully accredited programme.

## Overview in brief

A guide to work life balance and how to use nature's toolkit to improve your time at work: for individuals, educators and employers

## The finer details

A minimum of 12 participants, maximum of 15.

- 5 x 2 hour online sessions
- 2 x 2 hour ecologist site-visits to determine what climate actions can be taken on the ground by course participants
- A suite of 25 self-directed eLearning Tools for participants to further extend their learning

## Who should attend?

Open to everyone

## What will be covered?

- Discover the factors that influence climate change
- Learn what the terms around climate action mean



- Explore how land is used in Ireland
- Find out about our main environmental pollutants
- Uncover Ireland's precious habitats and water catchments
- Follow the carbon cycle and learn to measure your footprint Investigate Ireland's carbon sinks
- Delve into Irish biodiversity and learn to identify trees, birds, bees and butterflies
- Follow the river's journey from source to sea
- Gain practical skills to fight climate change such as tree planting, water conservation, meadow management, seed saving
- Learn to measure and monitor water quality in your local river or stream
- Develop a Climate Action Plan for your home, business or club

