

# Trailer Towing: On and Off Road

## At a glance...



### Training (with Assessment) Competence

#### Duration Notes:

The expected duration for the course is two days, however please note this may vary according to factors such as level of experience, modules or attachments selected, or the ratio of Instructors to Learners.

The following recommended durations have been developed as guidance to assist Providers:

Two days - operators with good previous experience and/or current or recently expired trailer towing certification

Three days - for operators with limited trailer towing experience

Four days - for operators with no trailer towing experience.

One day is equivalent to seven hours' contact time. Timings may be increased depending on Learner experience.

#### Delivery Method:

Training (with Assessment )





#### Prerequisites:

This course is suitable for any suitable towing vehicle, for which both the Learner and Instructor is adequately prepared/licenced to operate.

Learner must have attended the Lantra Awards Trailer Handling course (or equivalent) within the last 12 months.

Learners taking the Trailer Towing: Off Road course must hold a current Lantra Awards Lantra Awards Off Road Vehicle Operating (4x4) certificate of training (or equivalent).

## Introduction

Learn to tow trailers on and off road expertly – for work or leisure with our dedicated course.

## Overview in brief

This course will equip you with the knowledge and skills to tow trailers on and off road safely; either as work-related training or for leisure/recreational use (such as caravans, boats, and horse boxes).

## The finer details

This training course has been developed to support you to develop your to trailer towing skills and/or satisfy health and safety legislation regarding the safe use of trailers at work. For example, anyone needing to tow trailers on or off road as part of their work or leisure purposes.

The amount of instruction you will require will depend largely upon your previous experience and sessions will be adapted to meet your needs. Course duration will depend on experience and will be from one to four days.

The training course will consist of theory and practical sessions, followed by assessment. Course sessions include:

- Recap: Trailer handling and reversing
- Towing on road: pre-driving checks
- Recap: Coupling/uncoupling procedures
- Trailer handling and reversing - practice a reversing exercise
- Braking exercise



- Towing on road
- Towing off road
- Assessment.



If successful in meeting the required standards assessed, you will be awarded a certificate of competence and a Lantra skills ID card for your chosen certificate option(s).

## Who should attend?

This course is for you if you are or will be required to tow a trailer on and off road.

As you'll appreciate, this course contains some practical activity that will require a minimum level of fitness. If you have any concerns, please speak to the Provider.

## What will be covered?

At the end of this course you will be able to:

- understand the legal requirements for towing a trailer on/off road
- appreciate the main causes of accidents and how to avoid them
- understand the main principles of 'safe towing'
- identify the maximum towing weights of specific vehicle/trailer combinations, and apply them to the type of use they are being subjected to
- measure nose weight, and correctly set up a vehicle/trailer combination
- couple and uncouple the trailer correctly and safely
- carry out full pre-driving checks
- drive the vehicle and trailer (unit) through a series of turns and reverse into a restricted area
- use the standards required for safe trailer towing on the public road
- understand the risks associated with towing off road and apply the knowledge in practice.

## Other areas of interest

- Trailer Handling.

