



# Health and Safety Essentials for Transport Managers (ROI)

## At a glance...

### Assessed Customised Provision

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| Delivery Method: | Classroom   |
| Recognised by:   | Lantra Awards                                       |
| Prerequisites:   | Holds or about to hold a supervisory role or higher |

## Introduction

This programme is designed for new or aspiring supervisors or managers requiring a basic working knowledge of health and safety in the transport industry

## Overview in brief

This programme covers the essential information required by a supervisor or manager with responsibilities for health and safety in the transport industry

## The finer details

The programme is divided into a number of sessions, with the Introduction and the 2 main session (Health and Safety, Hazards and Risks) being delivered on day 1 and the remaining session (Accidents and Incidents, Data Protection and GDPR, Environment, Documentation, Managing Safely) delivered on day 2, with a multi-choice assessment to conclude

## Who should attend?

Any supervisor or manager who requires a working knowledge of Irish health and safety legislation in the transport industry and their roles and responsibilities under it

## What will be covered?

- The Reasons for Managing Safety and Health
- The Benefits of Managing Safety and Health
- The Irish legislative system





- A Hierarchy of Compliance
- Health and Safety Legislation
- Safety Statements
- Consultation
- The Health and Safety Authority, the Road Safety Authority and the Guards
- Penalties for failure
- The difference between hazards and risks
- Types of hazard
- Risk and Risk Assessment
- Proactive and Reactive Measures
- A Hierarchy of Control
- Risk Matrix
- Risk Assessments Sheets
- Controlling common risks
- Work Permits
- Accidents/Incidents? Near miss/Dangerous Occurrences
- Iceberg Theory
- Reporting Procedures
- Accident Causation/Prevention
- Investigating Accidents
- Data Protection and GDPR
- Principles of Data Protection
- Rights of the Individual
- Data breaches and ways to protect
- The Environment
- Environmental Impact
- Life Cycle Analysis
- Environmental Management
- Waste Control
- Common health and safety documentation
- Managing Safely
- PDCA Cycle
- Leadership and Influence
- Time Management
- Communication
- Planning
- Information, Sources and the FACTS
- Safety Culture

