

# Level 1 Award in Health and Safety in a Construction Environment (Online Proctored)



## At a glance...

### Qualification

Duration Notes:	The expected total qualification time is 29 hours, however please note this may vary according to factors such as level of experience, modules or attachments selected, or the ratio of Instructors to Learners.
Delivery Method:	Qualification
Recognised by:	BuildUK

### Introduction

Learn about your, and your employer's, health and safety responsibilities on site with our qualification in Health and Safety in a Construction Environment.

### Overview in brief

Lantra's Level 1 Award in Health and Safety in a Construction Environment qualification is designed for individuals who wish to develop their knowledge and understanding of health and safety in a construction or fencing environment, enabling them to work effectively and efficiently in the workplace.

This is the Online proctored version of the qualification.

### The finer details

This qualification has been developed to give you the opportunity to develop your knowledge of the employee's and employer's health and safety responsibilities and site safety awareness in the construction and fencing industries.

This qualification aims to assess your knowledge and understanding in the following areas:

- Principles of risk assessment for maintaining and improving health and safety at work
- Importance to safe manual handling in the workplace
- Importance of working safely at height in the workplace



- Risks to health within a construction environment
- Importance of working around plant and equipment safely.



The assessment will consist of a multiple-choice online test, which is internally assessed and externally verified.

This qualification will allow you to apply for a CSCS card in order to gain access to a construction site to undertake construction activities, including a labourer green FISS/CSCS card.

### Who should attend?

This qualification is for you if you work in - or will be working in - a construction or fencing environment.

### What will be covered?

At the end of this qualification, your knowledge and understanding will have been assessed on:

- Risk assessments and method statements
- Causes and implications of work-related accidents
- The terminology used in relation to health and safety at work
- The types of hazard/risk encountered in the workplace
- Accident reporting procedures
- Safe manual handling
- Correct processes for moving and storing materials
- Working at height
- Hazardous substances in the workplace
- The hazards associated with drugs and alcohol in the workplace
- The use and importance of personal protective equipment (PPE)
- The hazards/risks related to the use of plant and equipment
- Control measures to minimise hazards/risks relating to working around plant and equipment.

