

# Equido Level Two

## At a glance...

### Modular customised provision

Duration Notes:	1 day
Recognised by:	Lantra Awards
Prerequisites:	Must have Equido Level One or industry equivalent.

## Introduction

Equido Level 2 is an elementary level in the Equido system and aims to provide a sound basis of all round knowledge concerning the training and care of horses.

## Overview in brief

***This Lantra-accredited Customised Award is exclusively developed and delivered by a Lantra-approved Training Provider, who meets our quality standards. The course is specifically tailored to meet learners' needs. For further details about the course content and delivery locations, please contact the Training Provider using the details provided below.***

The minimum age to undertake this course is 16.

A person qualified in Equido Level 2 should be capable of taking care of horses at a supervisory level on a daily basis both stable and field.

## The finer details

Theory is delivered online and students are required to provide video evidence of practical skills, witness reports on practical skills and attend a training weekend to assess practical skills.

You will cover:



- Methods of Restraint
- Feeding and Watering
- Handling
- Equine Psychology
- Health Checks
- First Aid
- Communicable Diseases
- Introduction to Basic Fitness Training
- Anatomy and Physiology
- Loading and Unloading



## Who should attend?

This course is suitable for anyone wishing to pursue an equestrian career, or for the hobby horse owner to gain an in depth knowledge to improve their horse care skills.

## What will be covered?

By the end of this course learners will:

- Clearly and accurately identify different methods of restraint and their application, the psychology behind such restraint and the given situation, which is an appropriate method of restraint to apply.
- Demonstrate an accurate and in depth knowledge of the physiological needs of the horse and how domestication has impacted on this, with detailed knowledge on the nutrients required by the horse and how they are digested, as well as a detailed knowledge of how to calculate a feed ration.
- Demonstrate advanced handling of horses, showing a good understanding on how to catch aggressive or fearful horses, with a good knowledge of the psychological factors driving the interaction between human and horse.
- Have a detailed understanding of the evolution of the psyche of the equine and the psychological conflicts imposed on the horse by man.
- Have detailed knowledge on dehydration, colic, Grass Sickness, lameness, isolation, laminitis and navicular.



- Have detailed and in depth knowledge of the First Aid kit and the contents of such, with detailed and in depth knowledge of wounds and the emergency first aid required for punctures, fractures and tendon injuries.



- Demonstrate a good working knowledge of the major infectious and non-infectious diseases of the horse, their symptoms and their treatment.

- Have detailed knowledge and practical skills in the assessment of fitness levels of a horse. Including being able to condition score a horse, assess muscle tone, use a fitness assessment chart, assess to what fitness level a horse requires for a particular discipline, construct a traditional fitness program and an interval training program.

- Have good working knowledge and practical skills on the basic principles of loading and how to load an easy horse.

- Have a good working knowledge of the legal requirements of travelling a horse

## Other areas of interest

[Equido Level One](#)

[Equido Level Two](#)

[Equido Level Three](#)

[Equido Level Four](#)



Facebook.com/LantraUK



@LantraUK

T 02476 696 996

E awards@lantra.co.uk

Lantra, Lantra House, Stoneleigh Park,

Coventry, Warwickshire, CV8 2LG