

# Rough Terrain Masted Lift Trucks (J1) - Assessment Only



## At a glance...

### Assessment Only Competence with Modules

Duration Notes:	The expected duration for the course is half a day, however please note this may vary according to factors such as level of experience, modules or attachments selected, or the ratio of Instructors to Learners.
Delivery Method:	Practical observation and assessment
Prerequisites:	There are no pre-course requisites, provided that Learners meet the minimum age requirements according to Health and Safety Executive (HSE) Approved Code of Practice L117: 'Rider-operated lift trucks: Operator training'.

## Introduction

Becoming proficient in operating this machinery is an essential and valued operator's skill for any contract, large or small.

## Overview in brief

This course will assess your knowledge and confidence in operating the machine safely, protecting both you and those around you.

## The finer details

This assessment course has been developed to assess your knowledge and understanding of how to operate a rough terrain masted lift truck safely.

The course duration will depend on the number of Learners requiring assessment and will be from half a day to one day.



The assessment will consist of a multiple choice question paper and practical assessment using the machine. Assessment will cover:



- Lift Truck Safety and the Law
- Common Areas of Maintenance and Pre-start Checks
- Start, Stop and Basic Manoeuvring
- Operating with Pallets and Loads
- Bulk and Difficult Loads
- Rough Terrain Use.

If successful in meeting the required standards assessed, you will be awarded a certificate of competence and a Lantra skills ID card for your chosen certificate option.

### Who should attend?

This course is for you if you need to prove your ability in safely operating a rough terrain masted lift truck.

As you'll appreciate, this course contains some practical activity that will require a minimum level of fitness. If you have any concerns, please speak to the Provider.

### What will be covered?

At the end of this course, you will be able to:

- Prepare the various lift trucks for driving or manoeuvring by:
  - Having site safety awareness
  - Identifying basic construction and components, and the purpose and use of all controls and gauges
  - Identifying and complying with the manufacturer's operator's manual (MOM) and other information sources, such as rating plates and applicable regulations
  - Carrying out all pre-use and running checks
  - Configuring the lift truck for travel
  - Placing the lift truck in an out-of-service condition.
- Operate, move or manoeuvre the lift trucks:
  - Both with and without a load
  - In confined areas using forward and reverse direction, with and without a load.
- Select, transfer and position loads using a lift truck by:
  - Setting up the lift in order to lift various loads
  - Lifting various loads within the full working range of the lift truck
  - Ensuring load integrity and security
  - Transporting loads
  - Placing and retrieving loads accurately at various places



- Placing and retrieving loads from a vehicle bed or trailer
  - Keeping within safe working parameters
  - Operating with bulk loads
  - Explaining the loading and unloading procedure, on and off a transporter.
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- Load and unload a container, vehicle, vessel or craft using a reach lift truck
  - Place and retrieve loads from a vehicle bed or trailer
  - Undertake post-operational checks on a lift truck.

