# **NHSS10B Foundation Course Training**



## At a glance...

## **Training (Only)**

**Duration Notes:** 1 day

**Delivery Method:** Classroom

Recognised by: National Highways, Transport Scotland, Welsh Assembly and

Transport NI on their motorways and high speed dual

carriageways rural and urban road networks

Prerequisites: There are no course pre-requisites.

### Introduction

NHSS 10B Foundation Course

#### The finer details

This course will include:

#### Module 1:

- Introduction
- History
- Quality Assurance & Sector Schemes
- **PPE**
- Terminology.

#### Module 2:

- Performance Standard
- Containment Levels
- Working Widths
- Impact Severity Levels.

#### Module 3:

- Terminals & Transitions
- System Components
- Summary







Coventry, Warwickshire, CV8 2LG

Foundation end of course test

#### Module 4:



- Health & Safety training
- Risk, Prevention and Control
- Accidents, III-Health & Near Misses
- Specific/Specialised Working Environments
- Safe Use of Work Equipment
- Site Hazards
- Safe Working Practices
- Health & Environment
- Welfare, First Aid & Fire
- L1 H&S Qualification (test)

#### Who should attend?

All potential VRS Labourers and Installers of Permanent Vehicle Restraint Systems, including Terminals and Transitions, before proceeding to detailed training for the installation of any of the Proprietary or Non-proprietary systems.

#### What will be covered?

On completion of this course you will have:

- An understanding of the correct terminology used for Vehicle Restraint Systems
- A basic understanding of Quality Assurance
- A basic knowledge of Sector Schemes and their importance in relation to the fencing industry
- A basic introduction to, Containment Levels, Working Widths, Impact Severity Levels.

## Other areas of interest

Successful learners will receive a certificate valid for two years.

Please refer to the FISS/CSCS booklet for additional requirements to apply for a FISS/CSCS card.

This course is a prerequisite to be able to undertake the NHSS10B Installer course.





