# Pallet Lift Trucks: Pedestrian (A1)



# At a glance...

# **Assessment Only Competence**

Duration Notes: The expected duration for the course is half a day, however

please note this may vary according to factors such as level of experience, modules or attachments selected, or the ratio of

Instructors to Learners.

Delivery Method: Classroom and practical assessment

Prerequisites: There are no pre-course requisites, provided that Learners

meet the minimum age requirements according to Health and Safety Executive (HSE) Approved Code of Practice L117:

'Rider-operated lift trucks: Operator training'.

For shorter course durations, the Learner must evidence prior

lift truck training certification or equivalent.

#### Introduction

Becoming proficient in operating this machinery is an essential and valued operator's skill for any contract, large or small.

#### Overview in brief

This course will assess your knowledge and confidence in operating the machine safely, protecting both you and those around you.

### The finer details

This assessment course has been developed to assess your knowledge and understanding of how to safely operate a pallet lift truck: pedestrian.

The course duration will depend on the number of Learners requiring assessment and will be from half a day to one day.



The assessment will consist of a multiple choice question paper and practical assessment using the machine. Assessment will cover:



- Lift Truck Safety and the Law
- Common Areas of Maintenance and Pre-Start Checks
- Start, Stop and Basic Manoeuvring
- Operating with Pallets and Loads.

If successful in meeting the required standards assessed, you will be awarded a certificate of competence and a Lantra skills ID card for your chosen certificate option.

## Who should attend?

This course is for you if you need to prove your ability in safely operating a pallet lift truck: pedestrian or renew your Lantra Skills card.

As you'll appreciate, this course contains some practical activity that will require a minimum level of fitness. If you have any concerns, please speak to the Provider.

#### What will be covered?

At the end of this course, you will be able to:

- Prepare the various lift trucks for driving or manoeuvring by:
  - Having site safety awareness
  - Identifying basic construction and components, and the purpose and use of all controls and gauges
  - Identifying and complying with the manufacturer's operator's manual (MOM) and other information sources, such as rating plates and applicable regulations
  - Carrying out all pre-use and running checks
  - Configuring the lift truck for travel
  - Placing the lift truck in an out-of-service condition.
- Operate, move or manoeuvre the lift trucks:
  - Both with and without a load
  - In confined areas using forward and reverse direction, with and without a load.
- Select, transfer and position loads using a lift truck by:
  - Setting up the lift in order to lift various loads
  - Lifting various loads within the full working range of the lift truck
  - Ensuring load integrity and security
  - Transporting loads
  - Placing and retrieving loads accurately at various places
  - Placing and retrieving loads from a vehicle bed or trailer
  - Keeping within safe working parameters



- Operating with bulk loads
- Explaining the loading and unloading procedure, on and off a transporter.
- Load and unload a container, vehicle, vessel or craft using a reach lift truck
- Place and retrieve loads from a vehicle bed or trailer
- Undertake post-operational checks on a lift truck.

