

## +F First Aid

### At a glance...

#### Training (with Assessment)

Duration Notes:	4 Hours
Delivery Method:	Theory and Practical

### Introduction

Help your forestry industry colleagues by adding to your first aid skills.

### Overview in brief

Our short course is for you if you work in the forestry industry and already hold a First Aid at Work Certificate or an Emergency First Aid at Work Certificate.

If you work as a team in a forest setting, you'll know there are special dangers to look out for. In the event of an emergency, you will need the necessary skills and training to keep you and your colleagues safe.

### The finer details

Our half day course will build on your current knowledge by concentrating on the special skills which relate to forestry.

Our course has been developed to comply with the Forestry Commission +F as per the First Aid at Work – Forestry Commission Policy and in consultation with Forestry Industry Safety Accord (FISA).

There will be an assessment and you'll receive a certificate of training at the end of the course.

Worth noting:

You'll need to provide proof of a current valid First Aid at Work or Emergency First Aid at Work certificate to take the +F stand-alone course.





## Who should attend?

This course is for you if you work in the forestry industry and need to ensure that you have the relevant training to carry out first aid.

## What will be covered?

By the end of the course, you'll be able to:

- Recognise the common risks to forestry workers and administer First Aid accordingly
- Contribute to and respond according to emergency response plans.

## Other areas of interest

### Training

- AID32 Emergency First Aid at Work
- AID33 First Aid at Work
- AID34 First Aid at Work Requalification
- AID35 Emergency First Aid at Work +F
- AID36 First Aid at Work +F
- AID37 First Aid at Work +F Requalification

### Training Republic of Ireland

- AID31 +F First Aid (Republic of Ireland only)
- AID40 Emergency First Aid at Work +F (Republic of Ireland only)

### Qualifications

- 610/1205/1 Level 3 Award in Emergency First Aid at Work
- 610/1208/7 Level 3 Award in First Aid at Work

